

# PAOLA PANTHER FOOTBALL Camp 2025



## Upcoming 6th and Under:

- July 14-16
- 8:30am-10am
- At Paola's Game Field

## What you Need:

- \$40 base, \$50 w/camp shirt
- Athletic Attire
- Football or Baseball Cleats(no metal spikes)
- There are no pads or helmets in camp, tackling dummies and hand shields will be used

## What Camp is About:

- Skills: Using proper form.
- Agility: Getting faster/stronger.
- IQ: Learning the game.

## FUN

- Block and sack competition, 7 on 7, dogpile fumble, etc.
- There is no better time to see if you like football than at football camp. This is a great opportunity to try it out!
- One NFL Football card each!

## Parent/Guardian Sign Up:

- Scan or email Coach T.



**Deadline to sign up: July 14th, 2025**